

## **Elite Fitness System's Website to Track Event in Real Time**

*Elite Fitness Systems' Web Site To Track Sponsored Powerlifters Competing In Arnold Classic In Real Time*

London, OH, March 01, 2007 --(PR.COM)-- Fans unable to attend this weekend's Arnold Classic, March 2-4 in Columbus, Ohio will have a way to keep track of their favorite lifters from Team Elite Fitness Systems.

The London-based company will be updating the results throughout the weekend of each of its 11 sponsored lifter: real time at [www.elitefts.com](http://www.elitefts.com)!

"The Arnold Classic is the premier event in our sport, so doing something special like this only makes sense," s Dave Tate, president of Elite Fitness Systems. "Our site has always provided fans with an inside look into the train sessions of our lifters, now we are bringing them into the actual meet."

The 2007 Arnold Classic Team EFS will include:

- Travis Mash
- Paul Childress
- Brian Schwab
- Chris "Ox" Mason
- Steve MacDonald
- Chad Aichs
- Matt Kroczaleski
- Scott Yard
- Jani Murtomäki
- Ano Turtianen
- Matt Smith

Note: Team EFS posts daily training blogs and are available for Q & A at [www.elitefts.com](http://www.elitefts.com)

The Arnold Expo will be held in the Greater Columbus Convention Center, Veterans Memorial Auditorium & Nationwide Arena March 2-4.

Elite Fitness Systems strives to be a recognized leader in the strength training industry by providing the high quality strength training products and services while providing the highest level of customer service in the indust For the best training equipment, information, and accessories visit us at [www.EliteFTS.com](http://www.EliteFTS.com).

CONTACT: MARK LANE  
[lane@marxlayne.com](mailto:lane@marxlayne.com)  
248.855.6777

###